

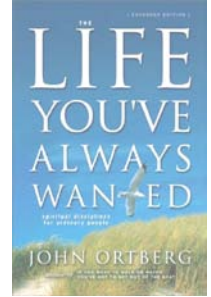
THE LIFE YOU'VE ALWAYS WANTED

Facilitator: Fran and Denise Boucher

Required Text: *The Life You Always Wanted: Spiritual Disciplines for Ordinary People* by John Ortberg

Cost: \$10

Target: For people just starting out as Christians as well as those who are rich in faith but want to take the spiritual practices deeper into their walk with the Lord.



Synopsis: *"The Life You Always Wanted"* program will lead you to see that you can effectively make substantial changes in your life that brings you far deeper in your connection with the Lord and far more effective in living your faith. As the author of the book puts it "It is unlikely we will deepen our relationship with God in a causal or haphazard manner."

This program will help you create your own more effective path. Together we will discover that growing closer to God does not require an "elaborate" plan, it can be something quite simple. And isn't "simple" something most of us can make last in our lives? Instead of telling us to work harder, pray more, get up earlier, etc, the author shows us how to view the daily activities in our own lives as spiritual disciplines. He explains that the circumstances of one's life, no matter how busy or challenging, are not excuses for not growing spiritually.

The book is written in terms that are readily grasped and spark deeper contemplation for applications to life. The points are brought out by *real life examples* and reinforced with *relevant quotations from the Bible* as well as current day authors that support and compliment the message.

We'll follow a format of at home reading of the book, a video series every other week, and group discussion following the study guide. At the same time, Fran and Denise's style is to allow a significant amount of "group directed time" to follow the interests and needs of the group.

Fran and Denise are big fans of the book and are anxious to explore it with you!

Schedule

2/2	Creating Group Connections and Program Kick off
2/9	It's Morphing Time: The hope of Transformation – Video #1
2/16	The Goal and Truths of Spiritual Discipline
2/23	No meeting
3/2	Slowing Down and Celebrating – Video #2
3/9	The Practice of Slowing and Celebrating
3/16	Interrupting Heaven: The Practice of Prayer – Video #3
3/23	No meeting
3/30	Life Beyond Regret: The Practice of Confession
4/6	The Guided Life: Receiving Guidance from the Holy Spirit – Video #4
4/13	The Practice of Reflection on Scripture
4/20	No meeting
4/27	The Practice of Servanthood and Finding Freedom – Video #5
5/4	Going the Distance with a Well-Ordered Heart – Video #6
5/11	A Life of Endurance
5/18	Celebration Night (no small group discussion on this night)

Email: vinnie@crosscommchurch.org to sign up for this group.