

1st Half Well Groups *(February 1 – March 14)*

The Reason for God: Belief in an Age of Skepticism

Facilitator: Jim Lombardi Cost: \$10 Stage: Explore, Serve

This group is for two kinds of people. First it's for people who have doubts about Christianity. The book engages those doubts in a thoughtful, rigorous and respectful way. This group is also for Christians who want to know how to better share and explain their faith with loved ones who do wrestle with doubts about Christianity.

Just Walk Across the Room

Facilitator: Bob Fulton Cost: \$10 Stage: Serve

Nearly every Christian believes that sharing his or her faith is important. But many Christians feel at a loss as to how to do so. This group has nothing to do with methods, but everything to do with taking a genuine interest in people's lives (the way Jesus does) and cooperating with the Holy Spirit. This group will help you overcome your fears and insecurities when it comes to sharing your faith, and equip you to share your story and give a reason for the hope that you have—with gentleness and respect. *This group will run parallel to the February sermon series "The Sent Ones."*

2nd Half Well Groups *(March 28 – May 23)*

The Prodigal God: Recovering the Heart of the Christian Faith

Facilitator: Jim Lombardi Cost: \$10 Stage: All Stages

According to Tim Keller, the Parable of the Prodigal Son in Luke 15 reveals God's prodigal grace toward both the irreligious and the moralistic. This group will challenge both the devout and skeptics to see Christianity in a whole new way.

The Forgotten God: Reversing Our Tragic Neglect of the Holy Spirit

Facilitator: Patricia Rhoades Cost: \$10 Stage: Focus

"We've ignored the Holy Spirit long enough...and we are reaping disastrous results" (Francis Chan). This challenging and provocative study will offer you a compelling invitation to understand, embrace and follow the Holy Spirit's direction in your life. *This group will anticipate and deepen our May sermon series on the Holy Spirit.*

Serve at the Well!

JAM: be part of a team that leads a dynamic program for kids grades K-5.

Contact: Shawnacy Miller, 508-829-6169, shawnacymf@hotmail.com

Youth Group: befriend, encourage and mentor teens grades 6-12.

Contact: Pha Skinner, 508-872-0659, boskinner@rcn.com

Nursery: Help care for kids ages 0-3 so that young parents can participate!

Behind the Scenes: Help prepare meals, set-up or clean up.

Contact: Pastor Vinnie, 508-877-7733, vinnie@crossroadsframingham.com

Crossroads Community Church

The Well



Spiritual Growth for the Whole Family

Winter - Spring 2012 ~ Wednesdays, 5:55-8:00pm

Clear Pathways to Spiritual Growth

At Crossroads, we are all engaged in a life-long process of spiritual growth. No matter where you are on your spiritual journey, we have opportunities for you to develop at your own pace.

To help you find next steps on your spiritual journey, we have identified four stages of spiritual growth: explore, grow, focus and serve. Each is defined below.

In addition, you'll notice that each Well group is specifically designed to target one or more of these spiritual growth stages. We encourage you to use these resources to help find the Well Group that's best for you. Of course, you are always welcome to sign up for any Well group you choose.

*If you have any questions, please contact Pastor Vinnie Cappetta:
508 877 7733 or vinnie@crossroadsframingham.com*

Growth Stages

Stage 1: Explore

For those who are still kicking the tires of the Christian faith or just beginning their spiritual journey with Christ.

Core Questions: Who is Jesus? What is the Bible? Is Christianity True?

Stage 2: Grow

After an introduction, we all need to discover how we can tend our own souls and be stewards of the new life God has given us in Christ.

Core Questions: How do I follow Jesus? How do I read the Bible and pray? How do I discover my spiritual gifts?

Stage 3: Focus

As we continue to follow Christ, we need to allow Him to renew our minds, deepen our souls, re-sort our priorities and transform our relationships.

Core Questions: How do I love God with my heart, soul, mind and strength? How do I love my neighbor as I love myself? How does my relationship with Jesus impact my other relationships?

Stage 4: Serve

The true sign of spiritual maturity is when we are fully engaged in God's mission. We need training if we are to maximize our opportunities to serve.

Core Questions: How do I share my faith? How do I become a servant leader? How do I join Jesus in His work to make all things new?

Well Groups *that meet February 1 – May 23*

Life Lessons: *Studies in 1 & 2 Thessalonians*

Facilitator: Andy Skinner

Cost: \$10

Stage: Grow

This is an inductive Bible Study. Topics include: spiritual growth, motives, loving others, purity and preparing for Christ's return. This is an excellent class for those who want to learn how to read, interpret and apply Scripture.

Grace for the Good Girl *(for women only)*

Facilitator: Naomi Dishington

Cost: \$10

Stage: Grow/Focus

When we fail to measure up to our own impossible standards, we hide behind our good girl masks, determined to keep our weakness a secret. Accept the invitation to let go of the try-hard life and realize that in Christ you are free to receive from him rather than constantly try to achieve for him. Stop hiding behind the girl-made masks and do-good performances to a life hidden with Christ in God.

Emotionally Healthy Spirituality

Facilitator: Vinnie Cappetta

Cost: \$10

Stage: Focus

Emotional health and contemplative spirituality, when interwoven together, offer a spiritual revolution, transforming the hidden places deep beneath the surface of our lives. Go beyond "tip of the iceberg spirituality" so that Christ can transform the depths of your being into someone who is more authentic and loving toward God, others, and yourself. Topics include: emotional/spiritual health inventory, knowing yourself, breaking the power of the past, journeying through pain, grief and loss, embracing your limitations and developing a well-ordered life. *This group will run parallel to the March/April sermon series called "Life Below the Surface."*

unchristian: *what a new generation really thinks about Christianity and why it matters*

Facilitator: Bill Hodgeman

Cost: \$13

Stage: Serve

Christians are supposed to represent Christ to the world. But according to the latest report card, something has gone terribly wrong. Using descriptions like "hypocritical," "insensitive," and "judgmental," young Americans share an impression of Christians that's nothing short of...unchristian. Find out why these negative perceptions exist, learn how to reverse them in a Christlike manner, and discover practical examples of how Christians can positively contribute to culture. *This group will continue and deepen the January sermon series called "Change the Perception."*

New @ the Well

In addition to our 14 week small group offerings, we'll be providing two sets of groups that will meet for **7 weeks** each. Two groups will meet from February 1 – March 14, and two groups will meet from March 28 – May 23. Feel free to sign up for a first half option, a second half option, or both! *See reverse for more info.*

Also: many well groups run parallel to upcoming sermon series to take us deeper!