

the TAKE HOME 05.06.18

Today's Scripture: The Book of Daniel
Pew Bible: Page 625

What is a Rule of Life?

- Arranging Our Lives for Spiritual Transformation. It is an intentional, conscious plan to keep God at the center of everything we do.
- Saying "no" to the culture.
- Saying "yes" to Christ.

What does a Rule of Life include?

- other believers (2:18)
- prayer (6:10)
- scripture (9:2)
- confession (9:2, 9:4-20)
- praise (2:19, 2:20-23, 6:10)
- mission for God and service to others (12:3)

What does a Rule of Life do for us?

- Provides wisdom and discretion for difficult situations (2:18)
- Grounds us when we receive accolades (2:48)
- Keeps us from caving in to the pressure to trust other gods, (3:12, 6:18-23)
- Sustains us through fiery trials (3:26, 3:28, 6:18, 6:23)
- Fuels our witness (3:29-30, 4:1-3, 4:8, 4:34-35, 6:25-27, 12:3)

Daniel's Rule of Life: Arranging Life for Spiritual Transformation

Application Questions

- What spiritual practices help you say "no" to the world?
- What spiritual practices help you say "yes" to Christ?
- How might you arrange or rearrange your life for spiritual transformation in Christ?
- How do each of these practices below fit into your current Rule of Life?

Other believers, prayer, scripture, confession, praise, mission for God, service to others

Ask God to reveal to you one change you could make in one of these areas and see what God might do with that in the next couple of weeks.

- Of the five things that a Rule of Life does for us (see reverse side), which one stands out to you today?
- If you don't already have a conscious Rule of Life, how might today's scriptures inspire you to begin writing down your own Rule?
- If you already have a conscious Rule of Life, how might today's scriptures inspire you to tweak your current Rule?

Rule of Life Workshop

Sunday May 20, 12:30-2pm, Fellowship Hall

Begin to work on an intentional, conscious plan to keep God at the center of everything you do. Workshop is free. For info on lunch and childcare or to sign up by May 18, go to CrossroadsFramingham.com/ruleoflife
Contact Vinnie@CrossroadsFramingham.com or call 508.332.3031